

CAMP NO. 17

ON SUNDAY 2ND SEPTEMBER 1990, A MULTI DIAGNOSTIC, MEDICAL, SURGICAL, IMMUNISATION, BLOOD GROUPING, SCREENING, CARDIAC CHECK - UP, OPHTHALMIC, GYNAEC, DENTAL AND FAMILY WELFARE CAMP TOOK PLACE AT MAHAKALI MEDICARE CENTRE, H.E.K. COMPOUND, MAHAKALI CAVES ROAD, ANDHERI (E), BOMBAY - 400 093.

SPONSORED BY : MAHAKALI MEDICARE CENTRE, MAHAKALI CAVES ROAD, ANDHERI (E), BOMBAY - 400 093.
TECHNICALLY ASSISTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST
Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.
AND M. P. C. C. (I) MEDICAL CELL.

Our team of following members started from the centre at 8.30 a.m. and reached the site at 9.30 a.m.

1.	Dr. H. V. Pophale	Physician and Cardiologist
2.	Dr. Bopardikar	General Surgeon
3.	Dr. G. M. Lal	Ophthalmologist
4.	Dr. B. R. Kherdikar	Medical Officer
5.	Mrs. Meena Kulkarni	Co - ordinator
6.	Mr. Vilas Shimpi	Co - ordinator
7.	Ms. Bhagyashree Puranik	Co - ordinator
8.	Ms. Usha Vasudeo	Laboratory Technician
9.	Mr. Shaikh Waris	X- Ray Technician
10.	Mrs. Subhadra Pawar	A.N.M
11.	Ms. Neelam Tambe	Sister
12.	Mr. Sushant Kherdikar	Photographer
13.	Mr. Nitin Sarale	Ward Assistant
14.	Mr. Satish Dudhane	Ward Assistant
15.	Mrs. Shashikala	Ayah
16.	Mr. Manohar Bodke	Driver with Family Welfare Clinic - cum Ambulance

The following were the invited Doctors :

1.	Dr. Nitin Apte, M. D.	Physician and Cardiologist
2.	Dr. (Mrs.) Ruta Waghmode, B.D.S.	Dental Surgeon
3.	Dr. Vinaya Bawle	Physiotherapist
4.	Dr. Anand Shandilya, M.D., D.C.H.	Child and new born Specialist
5.	Dr. (Mrs.) Anjali Bhatawdekar	Paediatrician
6.	Dr. Pratop Bordwekar	General Practitioner

The following activities were carried out :

1. Medical and cardiac check - up was done by Dr. H. V. Pophale and Dr. Nitin Apte. ONE HUNDRED AND FIFTY persons took advantage of this department and the deserving patients were given proper treatment medicine and advise.
2. Surgical cases were checked by Dr. Bopardikar. THIRTY SIX patients were seen by him. The deserving patients were given advice to continue the treatment from the centre.
3. Gynaec, E.N.T. and T. B. cases were seen by Dr. B. R. Kherdikar. FORTY FOUR persons were checked for their problems and were given treatment and medicine accordingly.
4. Ophthalmic check - up was done by Dr. G. M. Lal in TWENTY TWO cases. He examined and gave the necessary treatment for their ophthalmic problems.
5. Dental check - up was carried out by Dr. (Mrs.) Ruta Waghmode. FOURTEEN persons were checked by her for their dental problems and were given advice accordingly.
6. The physiotherapist Dr. Vinaya Bawle gave therapy and advised the persons who were referred to him by the surgeons & other consultants.
7. Blood Grouping and Rh was done free of cost in SIXTY SIX persons. they were given Blood group cards in plastic covers for their reference and use in emergency.
8. Free screening was carried out in Family Welfare Clinic - cum - Ambulance belonging to 'The Family Planning and Medical Aid Trust'. THIRTY FOUR referred persons were screened for their chest problems, out of which only ONE case was found to be positive for T.B. Reports were given to the people who were screened for their reference and record.

9. Free Immunisation was given for Typhoid, Cholera, Triple vaccine, Tetanus toxide, polio and measles to FIFTY SIX persons including children. They were given cards for their records mentioning all the relevant details.
10. Exhibition was set up Smt. Meena Kulkarni and coloured posters were displayed at prominent places to create Health awareness among the people for Family Planning and other infectious diseases.
11. Vitamin A Syrup to the children to prevent blindness. Iron and multi-vitamin tablets were distributed to anaemic ladies and patients specially pregnant ladies. Iron folic acid syrup bottles were given to anaemic children. All medicines were given free.

Observations : FOUR HUNDRED AND TWENTY TWO persons took advantage of this camp activity. Most of them were from the middle income group and casual labourers and domestic servants. They were mostly suffering from chest diseases, gastric troubles, arthritis, anaemia, worm diseases and vitamin deficiency. They were advised to keep their surroundings clean.

They were also advised to drink boiled water during rainy season and proper nourishing diet.

Old people were advised to get their blood pressure checked regularly have E.C.G. atleast once to rule out heart diseases.

The camp ended at 2.30 p.m. in a very pleasing atmosphere and people dispersed for lunch which was well arranged by the sponsors.

This is for information and record.

Dr. H. V. Pophale
 M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
 D.T.M. & H. (Edinburgh), D.C.H. (London),
 F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.)
 Chairman
 The Family Planning & Medical Aid Trust.

Camp on 2/9/90 at Mahakali Medicare Centre, Andheri (East), Bombay - 400 093



Dr. Kherdikar examining the patient on 2/9/90



Family Planning Branner being put up for exhibition on 2/9/90



Immunisation done by Sister Meena on 2/9/90



Dr. H. V. Pophale examining patients on 2/9/90



Dr. Bopardikar examining patient on 2/9/90



Dr. Bopardikar examining patient on 2/9/90