

MINI CAMP ACTIVITY TOOK PLACE AT (HUTMENT AREA OF) AZADNAGAR ZOPADPATTI, COLABA, BOMBAY 400 005. HAVING A POPULATION OF 10,000 ON 16TH NOVEMBER 1990 FROM 11.00 A.M. TO 2.00 P.M.

The following staff members attended this camp :

1.	Dr. B. R. Kherdikar	Medical Officer
2.	Smt. Meena Kulkarni	Co - ordinator
3.	Mr. Shaikh Waris	X - Ray Technician
4.	Ms. Usha Vasudeo	Laboratory Technician
5.	Ms. Lissy M. G.	Laboratory Technician
6.	Ms. Neelam Tambe	Nurse
7.	Mr. Uttam Awate	Ward Boy
8.	Mr. Gulabrao Jadhav	Driver with Family Welfare Clinic - cum - Ambulance

The following activities were carried out :

1. **Group Meeting :** A group attended by Dr. B. R. Kherdikar for medical check - up for their physical complaints. SEVENTY FIVE persons were checked up by him and were prescribed required medicines. He advised them not to smoke cigarettes, bidis or chew pan with tobaccos as they are injurious to health. Suspected cases were referred for screening.

Smt. Meena Kulkarni also took a small group meeting of FIVE women. She advised them to keep their surroundings clean and get their children and themselves immunised on the spot. She advised them about anti - natal care during pregnancy and onwards and also get check - up of the haemoglobin, weight, etc. She also advised them to get the sterilization operation done in our centre at Colaba after having one or two children.

2. **Immunisation :** Immunisation was done in FOUR persons for typhoid, tetanus toxide, triple vaccine and polio.
3. **Haemoglobin Test** was carried out in TWELVE persons. No candidate came for their blood grouping.

4. **Screening :** Screening of the chest was carried out in Family Welfare Clinic - cum - Ambulance belonging to 'The Family Planning & Medical Aid Trust'. FOUR referred persons were screened but no positive cases were detected.
5. **Free Distribution of medicines :** FORTY TWO persons were given Vitamin A tablets free of cost. Iron and Folic acid tablets were distributed among pregnant and lactating anaemic mothers. Vitamin A solution was given to the small children to prevent night blindness.
6. **TWENTY** pieces of condoms and **THREE** packets of oral tablets were distributed free of cost. All were advised to visit our centre at Colaba, opp. Regal Cinema between 9.30 a.m. to 11.30 a.m. for free counselling on Family Planning.

Observation : NINETY TWO persons took advantage of this mini - camp activity. This being a zopadpatti area the residents belong to economically backward class and could not fulfill the necessities of life like food, cloth and shelter. Most of them lived in huts without proper ventilation, sanitation etc. The sanitary facility was not available and dirty water was flowing around. Fly nuisance and pollution was rampant was due to lack of toilet facility.

They were advised to keep their surroundings clean as far as possible to avoid malaria, water borne diseases, diarrhoea, dysentery, gastroenteritis, etc. Bombay Municipal Corporations officers are also taking interest to solve these basic problems of the residents.

This is for information and record.

Dr. H. V. Pophale
M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
D.T.M. & H. (Edinburgh), D.C.H. (London),
F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.)
Chairman - The Family Planning & Medical Aid Trust.

