

CAMP NO. 26

ON THURSDAY 22ND NOVEMBER 1990, A MEDICAL, IMMUNISATION, PATHOLOGICAL OPHTHALMIC, E.C.G. AND SCREENING CAMP TOOK PLACE AT HINDOOSTAN SPINNING AND WEAVING MILLS, DIVISION CROWN MILL, PRABHADEVI, GOKHALE ROAD (SOUTH), BOMBAY - 400 025. SPONSORED & TECHNICALLY ASSISTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039. AND M. P. C. C. (I) MEDICAL CELL.

The following staff members took part in this camp activity :

1.	Dr. H. V. Pophale	Physician and Cardiologist
2.	Dr. B. R. Kherdikar	Medical Officer
3.	Smt. Meena Kulkarni	Co - ordinator
4.	Mr. Vilas Shimpi	Co - ordinator
5.	Ms. Bhagyashree Puranik	Co - ordinator
6.	Mr. Shaikh Waris	X- Ray Assistant
7.	Ms. Usha Vasudeo	Laboratory Assistant
8.	Ms. Lissy M. G.	Laboratory Assistant
9.	Ms. Alka Sawant	Nurse
10.	Ms. Neelam Tambe	Nurse
11.	Mr. Sushant Kherdikar	Photographer
12.	Mr. Nitin Sarale	Ward Assistant
13.	Mr. Satish Dudhane	Ward Assistant
14.	Mrs. Indu Sawant	Ayah

15. Mr. Arvind Borde

Driver with ' Family Welfare Clinic - cum Ambulance '

The following eminent persons from the Hindoostan Spg. and Wvg. Mill present at the inauguration function.

1.	Shri S. M. Soni	President
2.	Shri Mirashi	Chief Factory Inspector
3.	Dr. (Mrs.) Bhatkande	Health Officer, Factory
4.	Shri Goyal	Manager (Admn.)
5.	Shri Nivetia	Manager (General)
6.	Shri A. K. Lakhia	Asst. Admn. Manager
7.	Shri V. B. Pednekar	Labour and Welfare Officer
8.	Shri B. M. Bhumkar	Asst. Labour & Welfare Off

The following Doctors came on invitation :

1.	Shri S. S. Virdi	Cardiologist
2.	Dr. Jayawanti Gangar	Ophthalmologist
3.	Ms. Anup Kaur	E.C.G Technician
4.	Ms. Kala Shah	E.C.G Technician
5.	Mr. Nilesh Shah	E.C.G Technician
6.	Mr. Kashap Joshi	Optician

Short speeches on Health maintenance, preventive treatment, sanitation, environment and hazard of water borne diseases, respiratory diseases, E.N.T problems etc. were delivered by Dr. H. V. Pophale, Shri Mirashi and Dr. (Mrs.) Bhatkande and appealed the labourers to co - operate fully. They were explained the value of blood group card, E.C.G., spectacles and screening of the chest.

Immediately after the speeches the actual work was started and following groups undertook the different departments :

1. Medical check - up was carried out by Dr. B. R. Kherdikar, in ONE HUNDRED AND FIFTY SIX persons, working in First shift. The deserving patients were checked and prescribed proper medicines and those who could not afford they were given free medicines from our trust. Patients having hypertension and heart problems were advised to take E.C.G. for further planning of the treatment.
2. E.C.G was taken of SEVENTY SIX persons, referred by the Doctors on a nominal cost of Rs. 10/-. Dr. S. S. Virdi, Ms. Anup Kaur, Ms. Kala Shah and Mr. Nilesh Shah were engaged in this work.
3. Dr. Jayawanti Gangar and Mr. Kashap Joshi looked after the ophthalmic department. The common eye diseases were treated and defective vision cases were referred for giving spectacles to the optician on the site on nominal cost price of Rs. 20/- . FORTY TWO persons were given spectacles at the cost price.
4. Screening was carried out in our Family Welfare Clinic - cum - Ambulance in SIXTY FIVE referred persons. Out of which only one case was found to be positive for Koch's.
5. ONE HUNDRED AND FIFTY persons blood group was tested and cards with their blood group and Rh factor were given to them in plastic

cover free of cost.

6. SEVENTY THREE persons were immunised against T.B. vaccine and tetanus toxide vaccine.
7. Smt. Meena Kulkarni our co - ordinator arranged the family welfare exhibition and distributed the condoms free of cost. As ladies did not participate in this camp no distribution of oral tablets took place. Anaemic persons were given Iron and Folic acids as well as multivitamin tablets.

Observations : TWO HUNDRED AND FIVE mill workers took advantage of this camp. They had a health department in their mill which took care of the workers health & got them immunised regularly & carried out health awareness training programmes. The mill workers were told individually about precautions, preventions & necessary omissions to be taken & they promised to act accordingly to avoid respiratory diseases as this being a spg. and wvg. mill. They were instructed to do regular exercises & refrain from bad habits like tobacco chewing, tobacco tooth powder & alcoholic drinks.

Ladies working in the mill could not take part in this camp activity as they did not get relievers to attend their work. But the organisers promised that during the next camp the ladies will be sent first for check - up before their work starts, because once the machine starts they cannot leave their place & go.

The camp went on till 2.00 p.m. Thereafter all our members were given lunch and all the mill workers and our staff members dispersed with complete job satisfaction. Administrators requested us to repeat such camps in future and there will be a better response as this was their first camp.

This is for information and record.

Dr. H. V. Pophale
M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
D.T.M. & H. (Edinburgh), D.C.H. (London),
F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.)
Chairman
The Family Planning & Medical Aid Trust.

