

CAMP NO. 39

ON TUESDAY 22ND JANUARY 1991, A MINI CAMP TOOK PLACE AT :
MAHATMA PHULE NAGAR, (HUTMENT AREA), CUFFE PARADE, BOMBAY - 400 005.
SPONSORED & TECHNICALLY CONDUCTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST
Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.
AND M. P. C. C. (I) MEDICAL CELL.

The following staff members took active part in this camp activity :

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| 1. | Dr. B. R. Kherdikar | Medical Officer |
| 2. | Smt. Meena Kulkarni | Co - ordinator |
| 3. | Mrs. Namrata Mirajakar | Nurse |
| 4. | Mrs. Archana Tawde | Ayah |
| 5. | Mr. Sunil Jadhav | Driver with small Ambulance |

The following activities were carried out :

1. Group Meeting : A group meeting was taken among TWENTY TWO persons. He advised them to stop smoking and chewing tobacco and pan to avoid oral cancer and cancer of the lung & to stop drinking alcohol or minimise it gradually which may cause cirrhosis of liver. He advised the audience to keep their surroundings clean and not to allow stagnant water near about to prevent the mosquitoes and flies to breed upon as they may cause hazardous diseases.

Smt. Meena Kulkarni took group meeting of among TWELVE women, and gave talk on ante - natal, post natal/lactating ladies. She explained them importance of family welfare and advised them not to conduct delivery at home by untrained diahs, but to come to our centre at Colaba for the same or any other Municipal or Govt. Hospital.

2. Immunisation was carried out in FOUR persons for typhoid, tetanus toxide & triple vaccine.
3. Free Distribution of medicines : Vitamin A solution was given to avoid night blindness among children. Pregnant and lactating anaemic women were given Iron, B-complex and Folic acid tablets and were

advised to take nourishing diet, fresh vegetables and fruits and to come to our centre at Colaba for ante natal check up and necessary immunisation to their children.

4. FOUR packets of condoms and TWO packets of oral pills were distributed free of cost. Smt. Meena Kulkarni also distributed Literature and booklets among them for their use who knew reading.

Observation : About ONE HUNDRED AND TWENTY persons took advantage of this camp activity thus organised by our Trust as mini camp including men, women and children.

The surrounding area was polluted due to unhygienic conditions. Water had stagnated and so there were plenty of flies and mosquitoes breeding in it which spread diseases like dysentery, diarrhoea, gastroenteritis and also typhoid.

Workers of B.M.C. Health Dept. and authorities of State Govt. are requested to take the necessary actions to solve the problems of such hutment areas and prevent the spread of harmful diseases.

This is for information and record.

Dr. H. V. Pophale
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D.T.M. & H. (Edinburgh), D.C.H. (London),
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