

ON FRIDAY 25TH JANUARY 1991, A MINI CAMP TOOK PLACE AT :

MUKESH MILL COMPOUND, COLABA, BOMBAY - 400 005.

SPONSORED & TECHNICALLY CONDUCTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST

Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.

AND M. P. C. C. (I) MEDICAL CELL.

The following staff members attended this camp :

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| 1. | Dr. B. R. Kherdikar | Medical Officer |
| 2. | Smt. Meena Kulkarni | Co - ordinator |
| 3. | Ms. Sharada Kawale | Nurse |
| 4. | Mrs. Archana Tawade | Ayah |
| 5. | Mr. Sunil Jadhav | Driver with small Ambulance |

The following activities were carried out :

1. A group meeting was arranged by Dr. B. R. Kherdikar to inform the people about family planning devices made available to them and advised to have a small and happy family. He advised them to keep their surroundings clean to avoid malaria, water borne diseases, diarrhoea, dysentery, gastroenteritis, etc. He further advised them to stop

smoking and chewing tobacco and pan and to stop drinking alcohol to avoid liver problems.

Smt. Meena Kulkarni also took a small group meeting among ELEVEN women. She explained them the importance of family planning and advised them not to conduct delivery at home by untrained dials, but to get themselves admitted in hospital to have proper and safe delivery. She also advised them about anti - natal care from seventh month of pregnancy and onwards, checking of haemoglobin percentage, weight and got themselves immunised at our Colaba centre opp. Regal Cinema.

2. Immunisation : Immunisation was carried out in SIX persons for tetanus toxide, triple vaccine and polio.
3. Free Distribution of medicines : Vitamin A solution was given to avoid night blindness among children. Pregnant and lactating mothers were

given Iron, B-complex and Folic acid tablets and were advised to take nourishing diet (fresh vegetables and fruits) and also to come for ante natal check up at our centre at Colaba opp. Regal Cinema. TWO packets of condoms were distributed and FIVE ladies were given oral tablets and were advised to get applied Cu-T or take oral tablets regularly for spacing the children in the family and were advised to visit our centre at Colaba, opp. Regal Cinema between 9.30 a.m. to 11.30 a.m. for any further information and help.

Observation : The sanitary conditions in this area was extremely bad. There was no proper drinking water supply. There was no arrangement for toilet or latrine and people were freely using spaces in between huts for this necessity. The problems of flies was extremely bad. Children were having scabies and were prescribed Benzoyl Benzoate lotion.

The situation was extremely discouraging and requires immediate attention from Bombay Municipal Corporations authorities as well as sanitary inspectors for atleast temporary arrangements such as fumigation and anti-septal spray. The residents seem to be comparatively good but the status was not economically good enough to compensate the deficiency and act as per our advise. However they showed atleast interest in hearing us.

Frequent visits may improve them. This is for information and record.

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