

**ON TUESDAY 29TH JANUARY 1991, A MINI CAMP TOOK PLACE AT :  
P. D'MELLO ROAD, CARNAC BUNDER ZOPADPATTI, BOMBAY.**

**SPONSORED & TECHNICALLY CONDUCTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST  
Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.  
AND M. P. C. C. (I) MEDICAL CELL.**

The following staff members attended this camp :

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|----|---------------------|-----------------|
| 1. | Dr. B. R. Kherdikar | Medical Officer |
| 2. | Smt. Meena Kulkarni | Co - ordinator  |
| 3. | Ms. Sharada Kawale  | Nurse           |
| 4. | Mrs. Archana Tawade | Ayah            |
| 5. | Mr. Sunil Jadhav    | Driver          |

The following activities were carried out in this zopadpatti :

1. Group Meeting : A group meeting was taken by Dr. B. R. Kherdikar attended by about FIFTY FIVE persons. He advised the audience to keep the surroundings clean and not to allow stagnant water near about to prevent the mosquitoes and flies to breed upon as they may cause hazardous diseases like malaria, diarrhoea, typhoid, dysentery, gastroenteritis, etc. He further advised them to stop smoking and chewing tobacco and pan to avoid oral cancer and cancer of lungs and to stop drinking alcohol or minimise it gradually which may cause cirrhosis of liver.

Smt. Meena Kulkarni also took a group meeting among about TWENTY FIVE women, including ante - natal, post natal/lactating ladies. She explained them the importance of family planning & advised them not to conduct delivery of home by untrained diahs, but to get themselves registered & admitted in nearby hospitals to have proper & safe delivery. She also advised them about anti - natal care from seven months of pregnancy and get themselves immunised at our Colaba main centre opp. Regal Cinema. She also distributed family planning literature & booklets, oral tablets & condoms among them for their use.

2. Immunisation : Immunisation was carried on free of cost by our trust for

typhoid, tetanus toxide, triple vaccine and polio in men and children. Only THIRTEEN children could be immunised.

3. Free Distribution of medicines : Vitamin A solution was given to avoid night blindness among children. Pregnant ladies were given Iron, B-complex and Folic acid tablets and were advised to take nourishing diet, fresh vegetables and fruits and to come to our centre at Colaba for ante natal check up and necessary immunisation.
4. FOUR packets of condoms were distributed among men. Women were advised to take oral tablets for spacing their children and also get applied Cu-T at our centre at Colaba, during morning preferably.

**Observation :** The sanitary conditions in this hutment area were very bad. The men, women and children showed interest in hearing us silently and very happy to co-operate with us.

There was no source of drinking water. There was no arrangement for toilet or latrine and people were freely using spaces between huts for the case. The problems of flies was extremely bad. Children were having scabies and were prescribed Benzoyl Benzoate lotion.

Frequent visits to the site is likely to improve state of affair.

This is for information and record.

Dr. H. V. Pophale  
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