

ON SUNDAY 10TH FEBRUARY 1991, A MEDICAL, E.C.G., OPHTHALMIC, SCREENING, GYNAEC, SKIN, PAEDIATRIC, KNOW YOUR BLOOD GROUP AND HAEMOGLOBIN AND FAMILY WELFARE CAMP TOOK PLACE : AT ELLY KADOORI HIGH SCHOOL, MAZGAON, BOMBAY - 400 010.

SPONSORED BY : KOKAN MEDICO SOCIAL FORUM, MAZGAON, BOMBAY - 400 010.

TECHNICALLY ASSISTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST

Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.

AND M. P. C. C. (I) MEDICAL CELL.

The following members from our institution took active part in this camp activity :

1.	Dr. B. R. Kherdikar	Medical Officer
2.	Smt. Meena Kulkarni	Co - ordinator
3.	Mr. Shaikh Waris	X - Ray Assistant
4.	Mr. Vilas Shimpi	Co - ordinator
5.	Ms. Usha Vasudeo	Laboratory Assistant
6.	Ms. M. G. Lissy	Laboratory Assistant
7.	Ms. Archana Hadaye	Laboratory Assistant
8.	Ms. Bhagyashree Puranik	Co - ordinator
9.	Ms. Anita Jaguste	Nurse
10.	Ms. Sharada Kawale	Nurse
11.	Ms. Sushma Kadam	Co-ordinator
12.	Mr. Nitin Sarale	Ward Assistant
13.	Mr. Sachin Sawant	Ward Assistant
14.	Mrs. Indu Sawant	Ayah
15.	Mr. Arvind Borde	Driver, with 'Family Welfare Clinic - cum - Ambulance'

14.	Dr. P. R. Shah	Gynaecologist
15.	Dr. Zahid Baig	Pathologist
16.	Dr. Virdi	T. B. Specialist
17.	Dr. Nazir Juwale	Heart Specialist
18.	Dr. L. P. Khod	Surgeon
19.	Dr. Ishtiaq Shekhani	Surgeon
20.	Dr. A. G. Malik	Optometrist

The following were the members of Kokan Medico Social Forum :

1.	Dr. Imtiaz Kondkari	Convener
2.	Mr. Shaukat Khadir	Gen. Secretary
3.	Dr. Hussein Thakur	Chairman
4.	Dr. Mushtaq Qazi	Committee Member
5.	Mr. Yusuf Chowguley	Committee Member

The following investigations were carried out :

1. Medical check - up was carried out in ONE HUNDRED AND FIFTY SEVEN persons, and were accordingly referred to different departments & prescribed & given medicines available with us & if not according to their ailments were requested to purchase from outside.
2. E.C.G. was taken of referred patients, having cardio - vascular complaints and hypertension.
3. ONE HUNDRED AND TWENTY persons were given spectacles on nominal cost and those having eye trouble were prescribed medicines and eye drops accordingly and were given reference notes for further surgical treatment to K.E.M. hospital which is the nearest teaching municipal hospital.
4. Screening was carried out in SIXTY THREE referred cases in our family welfare clinic - cum - ambulance and reports were given free of cost for their record. FIVE were abnormal.
5. ONE HUNDRED AND FORTY persons took advantage of our ' Know Your Blood Group ' Project. They were given their Blood Group cards in Plastic covers free of cost for their use, either for Blood Donation or

The following were the invited doctors :

1.	Dr. Wiqar Shaikh	Paediatrician
2.	Dr. Godbole	Paediatrician
3.	Dr. Bharat Parmar	Paediatrician
4.	Dr. Adam Farooqueahed	Paediatrician
5.	Dr. Modak Shakeel	Paediatrician
6.	Dr. Vasmekar	Eye Specialist
7.	Dr. (Ms.) Lubat Merchant	Eye Specialist
8.	Dr. Arif Shaikh	Eye Specialist
9.	Dr. Khalil Mukadam	Skin Specialist
10.	Dr. Saple D. G.	Skin Specialist
11.	Dr. M. A. Hosein	Skin Specialist
12.	Dr. (Mrs.) Mumtaz Mukadam	Gynaecologist
13.	Dr. (Mrs.) Anis Adam Farooque	Gynaecologist

Receiving Blood in emergency. TEN persons took advantage of Haemoglobin test.

6. IMMUNISATION was carried out in FIFTY THREE persons, against Tetanus Toxide and T.A.B. vaccine.

7. Family Welfare Exhibition was arranged by Smt. Meena Kulkarni who explained the workers the importance of small family and distributed condoms among males and oral tablets for their females for spacing the children in their families.

Observations : About FIVE HUNDRED AND TWENTY persons took advantage of this camp. The crowd was belonging to the Muslim Community and were from middle income group. The common disorders found among them were spondylitis, diarrhoea, dysentery, worm infection, anaemia, chest diseases like bronchitis, tuberculosis, etc. The ladies and children were found to be anaemic and mal nutrition. They were advised to take nourishing

diet like leafy vegetables, milk, fruits, soyabean, etc. They were explained the importance of health and to keep their surroundings clean.

All the staff members camp back in 'Family Welfare Clinic - cum - Ambulance' after the camp activities were over at 3.30 p.m. The camp activity was successful & then was air of satisfaction on the faces of patients and Doctors - cum - staff. The sponsors arranged nice lunch, photos & video showing of the whole camp & bid send off to all. This is for information & record.

Dr. H. V. Pophale
M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
D.T.M. & H. (Edinburgh), D.C.H. (London),
F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.)
Medical Officer : Pophale Nursing Home.
Chairman - The Family Planning & Medical Aid Trust.