

**ON FRIDAY 8TH MARCH 1991, A MINI CAMP TOOK PLACE AT :  
SUBHEDAR FAMJI AMBEBKAR NAGAR, A.G. ROAD, WORLI, BOMBAY - 400 018.  
SPONSORED & TECHNICALLY ACCOMPLISHED BY : THE FAMILY PLANNING & MEDICAL AID TRUST  
Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.  
AND M. P. C. C. (I) MEDICAL CELL.**

The following staff members participated in this camp :

1.	Dr. B. R. Kherdikar	Medical Officer
2.	Smt. Meena Kulkarni	Co - ordinator
3.	Ms. Sharade Kawale	Nurse
4.	Archana Hadaye	Lab. Assistant
5.	Mr. Tulsi Solanki	Ward Assistant
6.	Mrs. Archana Tawde	Ahoy
7.	Mr. Arvind Borde	Driver, with Family Welfare Clinic - cum - Ambulance

The following activities were carried out :

1. Group Meeting was held of about THIRTY FIVE persons, which was addressed by Dr. B. R. Kherdikar. He carried out medical check up and the deserving patients were given free medicines available with us and the others were advised to come to our medical aid trust, opp. Regal Cinema, for further laboratory tests and screening investigations. Family Welfare counselling & free immunisation on any working day even on Bank Holiday.

Group Meeting among TWENTY FOUR women was arranged by Smt. Meena Kulkarni. She advised the women regarding Family welfare activities provided regularly by our trust. Expecting mothers were advised to come to our trust for free ante - natal check up and others for post - natal care and sterilisation surgery in eligible ladies. They were advised to take nourishing diet and do regular check - up of blood pressure, weight, blood group, haemoglobin and also to get themselves immunised regularly to have a healthy and normal baby. They were advised to get their babies immunised for B.C.G. & other as per the schedule completely free in our centre at Colaba.

2. Haemoglobin Test was carried out in THIRTY persons, practically all were anaemic.
3. Immunisation against typhoid, Tetanus Toxide, Triple & Polio vaccine was carried out in ELEVEN men, women & children free of cost & were

issued cards for their reference & record & also the date of next dose was endorsed on the card in cases of children.

4. Distribution of Free medicines : Pregnant women were given Iron and Folic acid tablets & anaemic children were given Vitamin A & Folic Acid syrup to prevent night blindness.

TWO packets of condoms were distributed among men & TWO packets of oral tablets were distributed among women for spacing their children in their families. They were advised to get the supplement from the centre & address cards were given to them.

Observations : About ONE HUNDRED AND FIVE persons took advantage of this mini camp activity organised by the Trust today. The surrounding area was polluted due to unhygienic conditions. Due to stagnated water, there were plenty of flies and mosquitoes spreading diseases.

People over there were mostly suffering from diseases like malaria, dysentery, diarrhoea, etc. Children were found to be anaemic due to malnutrition most of them were having scabies & other skin infections. The tubes of Gamascab cream were given free for application to the skin with scabies which made them very happy.

They were also advised to take assistance from B.M.C. health Dept., to clear the water pollution & make their surrounding clean by fumigation. They also promised to keep their surroundings clean as much as possible and come for regular ante - natal check - up, immunisation of their babies to our Trust.

This is for information and record.

Dr. H. V. Pophale  
M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,  
D.T.M. & H. (Edinburgh), D.C.H. (London),  
F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.), F.I.C.A. (A.P.I.)  
Chairman  
The Family Planning & Medical Aid Trust.