

CAMP NO. 54

ON FRIDAY 15TH MARCH 1991, A MINI CAMP TOOK PLACE AT :
GEETA NAGAR AND NAVY NAGAR ZOPADPATTI, COLABA, BOMBAY - 400 005.
SPONSORED & TECHNICALLY ACCOMPLISHED BY : THE FAMILY PLANNING & MEDICAL AID TRUST
Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.
AND M. P. C. C. (I) MEDICAL CELL.

The following staff members from our Trust participated in this camp activity:

1.	Dr. B. R. Kherdikar	Medical Officer
2.	Smt. Meena Kulkarni	Co-ordinator
3.	Ms. Usha Vasudeo	Lab. Asst.
4.	Ms. Anita Jaguste	Nurse
5.	Mr. Vilas Shimpi	Co-ordinator
6.	Mr. C. K. Das	X - Ray Assistant
7.	Mrs. Indu Sawant	Ayah
8.	Mr. Tulsi Solanki	Ward Asst.
9.	Mr. Tansen Gulde	Ward Asst.
10.	Mr. Govind Gosavi	Driver, with Family Welfare Clinic - cum - Ambulance

The following activities were carried out in this camp :

1. Group Meeting was held of about TWENTY FOUR persons, which was addressed by Dr. B. R. Kherdikar. He carried out medical check up and the deserving patients were given free medicines available with us and the others were advised to come to our medical aid trust, opp. Regal Cinema, for further laboratory Test and screening investigations.
Group meeting among EIGHTEEN women was arranged by Smt. Meena Kulkarni. She advised the women regarding Family welfare activities provided regularly by our trust. Expecting mothers were advised to take nourishing diet and regular check - up of blood pressure, weight, blood group, haemoglobin and also to get them immunised regularly to have a healthy and normal baby. They were advised to get their babies immunised for B.C.G. & other as per the schedule.
2. Immunisation against Typhoid, Tetanus Toxide, Triple & Polio vaccine were carried out THIRTY FOUR men, women and children, free of cost and were issued cards for their reference and record.
3. Laboratory Investigations : Haemoglobin Test was carried out in about SIXTEEN persons and those who were having low percentage of haemoglobin, were given Iron & Folic acid tablets for 2 weeks.

4. Screening : Screening of chest was done in TWELVE persons in our 'Family Welfare clinic - cum - Ambulance'. Three cases were found to be positive for Koch's.
5. Distribution of Free medicines : Pregnant women were given Iron and Folic acid tablets and Anaemic children were given Folic acid syrup and Vitamin A solution to prevent blindness.
6. FOUR packets of condoms were distributed among men and TWO packets of oral tablets were distributed amongst women for spacing their children in their family. They were advised to get suppliment from our centre at Colaba.

Observations : About SEVENTY FOUR persons took advantage of this camp activity organised by our Trust through this mini camp. The surrounding area was polluted due to unhygienic conditions. Due to stagnated water, there were plenty of flies and mosquitoes spreading diseases.

People over there were mostly suffering from diseases like malaria, dysentery, diarrhoea, etc. Children were found to be anaemic due to malnutrition. Most of them were having scabies and other skin infections. They were advised and treated accordingly. The tube of Gamascab cream was given for application to the skin which made them very happy.

They were further advised to take help of B.M.C. health Dept. to clear the water pollution and make their surroundings clean by fumigation. They also promised to keep their surroundings clean as much as possible and come for regular ante - natal check - up, immunisation of their babies to our Trust centre.

This is for information and record.

Dr. H. V. Pophale
M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
D.T.M. & H. (Edinburgh), D.C.H. (London),
F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.)
Chairman - The Family Planning & Medical Aid Trust.



Group meeting among women by Mrs. Kulkarni on 15/3/91