

**ON TUESDAY 19TH MARCH 1991, A MINI CAMP TOOK PLACE AT :
 BHAI BUNDERKAR ADARSHA MACHIMAR VASAHAT PRAKASH PETHE MARG, CUFFE PARADE, BOMBAY - 5.
 SPONSORED & TECHNICALLY ACCOMPLISHED BY : THE FAMILY PLANNING & MEDICAL AID TRUST
 Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.
 AND M. P. C. C. (I) MEDICAL CELL.**

The following staff members attended this camp :

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| 1. | Dr. B. R. Kherdikar | Medical Officer |
| 2. | Smt. Meena Kulkarni | Co-ordinator |
| 3. | Ms. Seema Pawar | Nurse |
| 4. | Mrs. Archana Tawde | Ayah |
| 5. | Mr. Tansen Gurudeo | Ward Asst. |
| 6. | Ms. Lissy M. G. | Lab. Asst. |
| 7. | Mr. Govind Gosavi | Driver, with Family Welfare
Clinic - cum - Ambulance |
| 8. | Mr. C. K. Das | X - Ray Assistant |

The following activities were carried out :

1. **Group Meeting :** A Group meeting was taken by Dr. B. R. Kherdikar and advised them to keep their surroundings clean, drink boiled water, take nourishing diet to keep themselves in good health. He further advised them to stop smoking, drinking alcohol, chewing pan and tobacco to avoid the cancer of throat and lungs. He also informed the people about Family Planning Devices made available to them and advised to have a small and a happy family.

A group meetings was also taken by Smt. Meena Kulkarni among EIGHTEEN women. Further advise was given regarding Family Planning, importance of breast feeding for lactating mothers to avoid infantile diarrhoea. They were advised to take solution of sugar and salt.

2. **Immunisation** was carried out in TWENTY TWO children against Typhoid, Triple Vaccine, Polio, Tetanus Toxide and Measles vaccine by Sister Ms. Seema Pawar.
3. **Laboratory :** Haemoglobin test was carried out in TWENTY persons.

Practically all were anaemic.

4. **Free Distribution of Medicine :** The anaemic and pregnant ladies were given free and iron and folic acid Tablets and about FIFTY EIGHT children were given Folic Acid and Vitamin A syrup to prevent Blindness. Common tablets like A. P. C., Paracetamol, Calcium Tablets etc. were distributed free of cost to the suffering patients.

ONE packet of oral pill is given to a women and ONE packet of condoms is given to a men for spacing the children in the family and ladies were advised to apply Cu-T or take oral tablets regularly.

5. **Screening :** Screening test was done in SEVEN persons and one was found positive for Koch's.

Observations : We found that sanitary conditions were not so bad as compared to other zopadpattis. About THIRTY ONE persons took advantage of this mini - camp activities organised by our family planning & Medical Aid Trust at Colaba. This time the people were conscious about their health and most of the people are following our advise given in our first visit. They were also advised to take assistance from B.M.C. health Dept. to clear the water pollution and make their surroundings clean by fumigation. They also promised to keep their surroundings clean as much as possible and come for regular ante - natal check - up and also for immunisation of their babies to our Trust centre.

This is for information and record.

Dr. H. V. Pophale
 M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
 D.T.M. & H. (Edinburgh), D.C.H. (London),
 F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.)
 Chairman - The Family Planning & Medical Aid Trust.



Dr. Kherdikar examining the patients on 19/3/91



Dr. Kherdikar examining the patients on 19/3/91



The distribution of medicines by Mrs. Archana on 19/3/91