

ON SATURDAY 23RD MARCH 1991, A MULTI DIAGNOSTIC, MEDICAL, SURGICAL, IMMUNISATION, BLOOD GROUPING, SCREENING, CARDIAC CHECK - UP, OPHTHALMIC, GYNAEC, DENTAL, E.C.G. AND FAMILY WELFARE CAMP TOOK PLACE :

MAZGAON DOCK LIMITED, MAZGAON, MAZGAON ROAD, BOMBAY - 400 010.

SPONSORED AND TECHNICALLY ASSISTED BY : THE FAMILY PLANNING & MEDICAL AID TRUST

Indian Merchantile Mansion, 3rd Floor, Madam Cama Road, Fort, Bombay 400 039.

AND M. P. C. C. (I) MEDICAL CELL.

Our team of following members started from the centre at 8.45 a.m. and reached the site at 9.15 a.m.

1.	Dr. Suhas Pophale	Physician
2.	Dr. B. R. Kherdikar	Medical Officer
3.	Mrs. Meena Kulkarni	Co - ordinator
4.	Mr. Vilas Shimpi	Co - ordinator
5.	Ms. Usha Vasudeo	Laboratory Assistant
6.	Ms. Lissy M. G.	Laboratory Assistant
7.	Mr. Omprakash	Laboratory Assistant
8.	Mrs. Martha Menezes	Nurse
9.	Ms. Anita Jaguste	Nurse
10.	Mr. Tulsi Solanki	Ward Assistant
11.	Mr. Tansen Gulde	Ward Assistant
12.	Mrs. Usha Waghela	Ayah
13.	Mr. C. K. Das	X - Ray Assistant
14.	Mr. Govind Gosavi	Driver

The following were the invited doctors :

1.	Dr. S. S. Virdi	Chest Specialist
2.	Dr. Rutha Waghmode	Dentist
3.	Dr. (Mrs.) Jayawanti Gangar	Ophthalmic (& her assistants)

The camp was inaugurated at 9.45 a.m. by Dr. D. J. Correa, G. M. The following activities were carried out :

1. Medical and surgical check - up was done by Dr. Suhas Pophale and FOUR HUNDRED AND FORTY FIVE people took advantages of this services.
2. Physical check-up was done by Dr. B. R. Kherdikar and THREE HUNDRED AND SEVENTY FIVE people took advantage of this facility.
3. Chest check - up was done by Dr. S. S. Virdi and his assistants. ONE HUNDRED AND TWENTY SIX people took advantage of these services. The deserving patients were advised to take E. C. G. and screening of the chest to co-relate the clinical diagnosis and were given the treatment accordingly.
4. Ophthalmic check - up was carried out by Dr. (Mrs.) Jayawanti Gangar. Deserving persons were advised to take spectacles. Dr. Gangar personally looked after the check - up and verified the refractions of the

specs which they have got and also treated the other eye problems.

5. Dental check-up was carried in about ONE HUNDRED people by Dr. Rutha Waghmode. Most of the patients having cavities were given medicines for temporary relief and asked to come to our Trust centre at Colaba dental Department and get themselves treated. Many patients were advised to keep their teeth as clean as possible. The main cause of this was tobacco chewing and smoking. They were also advised to give up these habits. For further dental treatment they were advised to continue their treatment from nearby dental clinic.
6. Screening of the chest was done free of cost in the ' Family Welfare Clinic - cum - Ambulance ' belonging to the Family Planning and Medical Aid Trust. About SEVENTY FIVE referred persons took advantage of this service. In which EIGHT cases were found to be positive for T.B. All the persons who were screened were given their record. the T.B. patients were given symptomatic treatment and were advised to attend the T.B. clinic of government hospital or Shivadi Hospital for further treatment and follow up. This screening procedure was carried out by Mr. C. K. Das our X - Ray Assistant.
7. Immunisation was done in ONE HUNDRED AND TWENTY FIVE children against typhoid, triple vaccine, tetanus toxide and polio.
8. Free Blood grouping and Haemoglobin Check - up was done in TWO HUNDRED AND SIXTY TWO persons and were given Blood Group Cards in Plastic covers, for their record and using them in emergency either to get the blood or for giving the blood when such situation arises. Their names and addresses will be entered into the Blood Group Directory in the next edition 1991. Haemoglobin test was done in about SEVENTY FIVE persons.
9. Distribution of medicine tablets : Distribution of Iron and Folic Acid tablets to the pregnant and anaemic ladies and also to the anaemic men and children free of cost and advised them to continue the treatment for atleast one month.
10. Family Welfare activity : The Family Planning exhibition was arranged by Smt. Meena Kulkarni, and she had given the advise for family planning for men and women who are eligible for it. The condom was also given to ELEVEN persons (110 pieces). The pamphlets were also distributed among them and they were happy to know our activities and facilities of standard services.

Observations : About SIX HUNDRED AND SEVENTY FIVE persons took advantage of this camp activity. Most of them were low middle class and dock workers as well as domestic servants. Some of them were organisers

of the camp and their relations. They were also suffering from chronic diseases like bronchitis, asthma, arthritis, peptic ulcer, anaemia, avitaminosis, subnutrition, alcoholic and tobacco toxicity.

Necessary instructions were given to the persons diagnosed for Tuberculosis and advised them to attend the Tuberculosis Hospitals out patients department of Municipal or Govt. hospital and get treated as there is likelihood of spreading the diseases to the relations and small children at home. The infants were advised to take B.C.G. injection at the nearest centre and if not available they can even attend our Free Immunisation Centre on first Saturday of every month, between 11.00 a.m. to 12.30 p.m. at our Trust Centre at Colaba.

At 5.30 p.m. the camp was over and the camp registration was closed at 4.45 p.m. The organisers were kind enough to arrange for lunch packets of good quality to all the staff members & also arranged Tea and snacks at 4.00 p.m.

Thus, the camp went on very well and all the organisers were very happy and requested all our staff to come over again with the different batches of the same organisation.

Mr. Anil Parab, the chief organiser had taken great pains for doing the field work displaying the banners and doing the announcement of family welfare sterilisation and government incentive, etc. throughout the camp activity.

This is for information and record.

Dr. H. V. Pophale
M.B.B.S. (O.S.M.), D.T.M. (Calcutta), M.R.C.P.,
D.T.M. & H. (Edinburgh), D.C.H. (London),
F.I.C.A. (U.S.A.), F.C.C.P. (U.S.A.), F.I.C.P. (A.P.I.)
Chairman
The Family Planning & Medical Aid Trust.



Patients waiting to be examined on 23/3/91



Dr. Suhas Pophale examining the patients on 23/3/91



Screening done by Mr. Das on 23/3/91



Dr. Ruta examining a dental patient on 23/3/91