

## CAMP I

A Big Camp was organised by "Casp-Plan Project", Goregaon, "Sanjivani Health Centre", Kurar, Anand Nagar, Malad East. Technically accomplished by "The Family Planning & Medical Aid Trust", Indian Mercantile Mansion, Madam Cama Road, Opp. Regal Cinema, Fort, Mumbai - 400 039, between 9.00 a.m. to 3.30 p.m. on 18th April, 1996.

The Following Dignitaries were attended the Camp :

1. Smt. Nirja Mattoo : Project Director
2. Dr. Karmarkar : Programme Director
3. Mr. Chandrakant Wadkar : Corporator
4. Mr. Surendra Tawade : Gen. Secretary
5. Mr. P. Sudarshana : Executive Director
6. Mr. Ramesh Gorwadkar : Programme Officer
7. Mr. Ashok Deshmukh : Programme Officer
8. Mr. V.R. Kondvilkar : Sales Manager
9. Dr. Arvind Yadav : Medical Officer
10. Dr. V.S. Sharma : Medical Officer
11. Mr. Ramdas Khudkar : Social Worker

The Following Doctors were invited at the Camp :

1. Dr. Bhopardikar : General Surgeon
2. Dr. Meena Narayan : Paediatrician
3. Dr. Prashant Patil : General Practitioner
4. Dr. Prafulla Chitale : General Practitioner
5. Dr. Veerashree Velankar : General Practitioner
6. Dr. Mamata Singh : General Practitioner
7. Dr. Rajesh Gaikwad : Dental Surgeon
8. Dr. Maryan Jacob : Dental Surgeon
9. Mr. Devdas K. Moticians : Ophthalmic

The Following Staff Members of the Family Planning & Medical Aid Trust Participated in this Camp Activities:-

1. Dr. H.V. Pophale : Physician & Cardiologist
2. Dr. Suhas Pophale : General Surgeon
3. Dr. B.R. Kherdikar : Medical Officer
4. Mr. D.P. Gawai : P.R.O.
5. Mr. Ganesh Kanade : Accountant
6. Miss. Lissy George : Lab. Technician
7. Miss. Ila Joshi : Lab. Technician
8. Mrs. Swati Kadam : Lab. Technician
9. Mr. Babu M.S. : X-Ray Technician
10. Mrs. Sharda Parab : Nurse
11. Mr. Dilip Sawant : Office Boy
12. Mrs. Indu Sawant : Ahya
13. Mrs. Archana Tawade : Ahya
14. Mr. Arun Borde : Driver with X-Ray Van
15. Mr. Ravi Nalawade : Driver with A.V. Van
14. Mr. Dasharath S. : Driver with Small Amb.

### INTRODUCTION :

This camp was conducted under the auspicious of "Community Aid and Sponsorship Programme" Casp-Plan

Project, unit Goregaon. In the inaugural function, the programme organisor **Shri. Ramdas Khudkar** requested the dignitaries to light the traditional "Samai" **Dr. H.V. Pophale** Chairman "The Family Planning & Medical Aid Trust", **Mrs. Nirja Mattoo** Project Director, Casp-Plan Project, **Mr. P. Sudarshana**, Executive Director "Indian Oil Corporation", **Dr. B.R. Kherdikar** Medical Officer The Family Planning & Medical Aid Trust and other eminent persons / Social Workers on dias. Welcome song presented by the Girls of "Saibai Vidhya Mandir" under the direction of **Smt. Ranjana Tawade**. All the members on the dias was honoured by offering Bouque to each guest. On this occasion **Dr. H.V. Pophale** appreciated the Casp-Plan work which is run in the slums of Malad, he then requested the public to take maximum advantage of the camp in more disciplined manner.

### CARDIAC AND MEDICAL CHECK-UP :

Cardio Vascular Department was conducted by **Dr. H.V. Pophale** and Medical side by **Dr. S. H. Pophale**. In this section many patients were treated including Ischaemic Heart diseases Angina Pectoralis. A large numbers of cases of Cromic Lung ailments were also treated. The screening of the chest and E.C.G. was also taken to know the final diagnosis. The medicines were prescribed by **Dr. H.V. Pophale** and were explained patiently in Marathi as to how the doses to be taken.

### SURGICAL CHECK-UP :

Surgical Department was undertaken by **Dr. S.P. Bhopardikar** senior surgeon many routine cases were treated and some cases were also seen such as Haemorrhoids, Fissures, Herneas, Hydrocele and Lipomas patients were given prescriptions and surgical cases were adviced to take further operative treatment from the nearby Hospital.

### GYNAECOLOGY :

Two Lady Doctors **Dr. Velankar** and **Dr. Mamata Singh** managed huge crowds of woman assembled in large numbers for getting examined specially as facilities for private examination was made in the separate department. The required medicines were prescribed and explained to the patients in detailed about the medicines.

### PAEDIATRIC DEPARTMENT :

This department was well managed by our experience **Dr. Meena Narayan**. She was well euiped with touch,



stethoscope etc. so that she could do full justice to the patient. She was very particular about the Immunisation of the child and she was referring to the Immunisation counter for necessary Immunisation. All the attending crowd appreciated her services and our Chairman **Dr. H.V. Pophale** complimented on the smooth working of this department.

#### OPHTHALMIC DEPARTMENT :

This counter was conducted by **Mr. Devdas Moticars** and his assistant. There was a crowd for testing their eyes and obtaining glasses, so that persons almost out of the family because of their inability to see could be rendered useful to their families by being able to contribute to minor household duties.

#### MEDICAL EXAMINATION & E.N.T. :

This counter was well managed by our Medical Officer **Dr. B.R. Kherdikar** with the help of **Dr. Chitale** and **Dr. Patil**. The best treatment was given to each patient through modern E.N.T. instrument for various problems pertaining to ears were solved and giving them the desired prescription, treatment and advice.

#### DENTAL CHECK-UP :

This dental department was well managed by **Dr. Rajesh Gaikwad** and **Dr. Maryan Jacob**. The prescription and advice were given to each patients after careful examination of the teeth by dental instruments available with them. Both the Doctors did a wonderful job satisfaction to the attending crowd in the best possible way.

#### E.C.G. AND SCREENING OF THE CHEST :

This department was conducted by **Mr. Babu** our X-Ray Technician. All the patients referred by cardiologist and Medical Department were screened by him and the report was handed over to the patient at the same time, so that the final diagnosis can be made with no difficulties. E.C.G. report was also handed over to the patient for immediate diagnosis and treatment for the patient having heart problems.

#### IMMUNISATION :

This counter was managed by our senior Nurse **Mrs. Sharda Parab**. About **Hundred** persons were given Tetanus Toxide to adults and Triple and Polio to children. The Immunisation cards were also issued to each person for their record.

#### LABORATORY INVESTIGATIONS :

This department was managed by **Miss. Lissy George, Miss Ila Joshi** and **Mrs. Swati Kadam**. They were examining for Blood Group and Blood Sugar. The blood group cards were issued in Plastic covers so that they are preserved it for their emergency blood group requirements. They checked **One Hundred Twenty Five** persons for blood group and **Five** persons were checked for blood sugar.

#### FAMILY WELFARE ADVICE CUM COUNSELLING :

This counter was exhibited with the posters and banners in order to draw the attention of all the eligible couples. **Mrs. Archana Tawade** distributed about **THIRTY** pockets of Oral pills tablets and **SIXTY** pockets of Condoms.

#### OBSERVATION :

The camp was ceremoniously inaugurated by the organisers with Welcome Song. Speakers and giving floweral Tributes to personalities on Dias. The camp was extremely successful, it was carried out in a very disciplined and systematic way. The Casp-Plan management and volunteers were co-operative who carried out the work given to them in an organised way so that there would be no complaints from the attending patients.

About **Seven Hundred Ten** persons took advantage of this camp activities. The sponserers also served Tea Snacks and Lunch to the Staff and Doctors. The camp activities ended with great appreciation on behalf of Patients, Organiseres and Management.

It is presumed that the CASP Doctors shall follow-up the cases diagnosed in the camp and prescribed medicines by the specialists. It is given to understand that the medicines and the spectes will be provided by the management afterwards which requires to be miticiously supervised and then followed further. Our optician showed readiness to supply the simple spectes on cost price of Rs. 20 per spect which was communicated to the organisers.

It is left to the management to have such Health Camp in all other Centres of Casp-Plan after their assessment of benefites to suffers in the area.

The X-Ray and E.C.G. Van should be in the compound and near the site of camp activity to facilitate the patients. To disperse the medicines then and there with instructions to the patients how to use them in better acceptable to the patients. Similarly given spectes then and there also given better satisfaction to the user. However there are the policy matters within the period of the management and can be sorted out in due course.

**Dr. H.V. Pophale** thanked **Mrs. Nirja Muttu** for giving the trust the opportunity to serve the people through their management effectively and in a very organised manner. The school authorities were also thanking the Casp-Plan for substantial economic assistance for their construction work.

All the staff members and Doctors had job satisfaction and left the site at 3.30 p.m.

This is for information and record.

**DR. H.V. POPHALE**

CHAIRMAN - THE FAMILY PLANNING & MEDICAL AID TRUST.