

## CAMP 12

On Wednesday the 25th September, 1996 a Mini Camp was arranged at "Geeta Nagar Zopadpatti", Colaba, Mumbai- 400 005. Sponsored and technically accomplished by "The Family Planning & Medical Aid Trust". Indian Mercantile Mansion, Madam Cama Road, Fort, Mumbai - 400 005, between 3.30 p.m. to 5.30 p.m.

### The following staff members attended to this camp activity

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1. DR. B.R. Kherdikar : Medical Officer
2. Ms. Laxmi Das : Nurse
3. Mr. Rajendra Kadam : Wardboy
4. Mrs. Indu Sawant : Ahya
5. Mr. Arun Borde : Driver with F.W. Clinic-cum-Ambulance

### GROUP MEETING :

A group meeting was arranged by our Medical Officer **Dr. B.R. Kherdikar**. He advised men & women to observe the family norms in order to avoid congestion in the hutments. He also told them to keep their surrounding clean with the help of local leaders especially during rainy season. They were further advised to have the Immunisation of their children as well as adults. He then explained the importance of Family Planning by using various methods available and a special care to be taken during ante-natal and post-natal care. The young ladies were advised to come to the Centre

and get the Copper "T" applied by our Lady Doctor.

### IMMUNISATION :

Immunisation was carried out among **TWELVE** persons for Typhoid, Tetanus Toxide and Measels. They were also given Immunisation cards mentioning the next due date for their information and record.

### FREE DISTRIBUTION OF MEDICINE :

All the anaemic patients were given the Iron & Folic Acid tablets the others were given the medicines like Paracetamol, Vitamins, Ointments etc. free of cost from our stock, the others were given the prescription to purchase from the nearby chemist as the higher types of drugs were not available to them.

### FAMILY WELFARE COUNSELLING :

This counter was well arranged by **Mrs. Indu Sawant**. About **FOURTY** pieces of Nirod were distributed among men and **EIGHT** pockets of Oral tablets were distributed among

women for spacing the children in their family. They were advised to come to our Centre for Family Planning Sterilisation Operation.

### FAMILY WELFARE COUNSELLING :

This counter was well arranged by **Mrs. Indu Sawant**. About **FOURTY** pieces of Nirod were distributed among women for spacing the children in their family. They were advised to come to our Centre for Family Planning Sterilisation Operation.

### OBSERVATION :

About **TWENTY SEVEN** persons took advantage of this camp

activities. They were explained the importance of Health by taking nourishing diet. All the persons were extremely helpful, co-operative and courteous. All the persons who took the advantage of this camp were very happy to receive the treatment given to them after careful examination.

The registration fee Rs. 1.00 (Rupee One only) from each patient was collected as usual and total amount Rs. 24/- (Rupees Twenty Four only) are credited in the Trust account.

This is for information and record.

**DR. H.V. POPHALE**

**CHAIRMAN - THE FAMILY PLANNING & MEDICAL AID TRUST**