

## CAMP 17

On Saturday the 26th October, 1996 a mini camp was arranged at "**Mukesh Mill Compound**", Colaba, Mumbai - 400 005. Sponsored and technically accomplished by "**The Family Planning & Medical Aid Trust**", Indian Mercantile Mansion, Madam Cama Road, Fort, Mumbai - 400 001, between 3.30 p.m. to 5.30 p.m.

### The following staff members were present in this camp activity :

1. Dr. B.R. Kherdikar : Medical Officer
2. Mr. D.P. Gawai : P.R.O.

3. Mrs. Susamma Thomas : Staff Nurse
4. Mrs. Archana Tawade : F.W. Ahya
5. Mr. Rajendra Kadam : Wardboy
6. Mr. Ravi Nalawade : Driver with F.W. Clinic-cum-Ambulance

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### GROUP MEETING :

A group meeting was arranged by our Medical Officer **Dr. B.R. Kherdikar** and P.R.O. **Mr. D.P. Gawai** jointly. **Twenty Nine** persons including men, women and childrens were present at the camp site. All of them were advice to keep away from drinking, smoking and chewing of pan and tobacco habits as it may lead to oral Cancer of the throat and lungs. They were explained the importance of health, to keep and maintain their health by taking nourishing diet and live in healthy atmosphere. They further explained the importance of good sanitation and requested them to keep their surrounding areas clean. **Mr. D.P. Gawai** explained the various methods of Family Planning. The womens were advised to keep good health especially during antinatal and postnatal period and in their diet they must include leafy vegetable and fruits.

### IMMUNISATION :

Immunisation was carried out by our senior Staff Nurse **Mrs. Susamma Thomas**. She Immunised **Sixteen** persons against Typhoid, Tetanus and Polio. They were also given the Immunisation cards mentioning name and date of the vaccine and the next due date to be followed.

### FAMILY WELFARE ADVICE AND COUNSELLING :

This counter was managed by F.W. Ahya **Mrs. Archana Tawade**, she distributed **Sixty** pieces of condoms to male and **SIX** pockets of oral pills to the eligible couples.

### FREE DISTRIBUTION OF MEDICINES :

Anaemic persons were given Iron & Folic Acid and Multi-Vitamin tablets. The drugs which are not available in our stock were given prescription to purchase from the nearby chemist.

### OBSERVATION :

About **FOURTY FOUR** persons took advantage of this mini camp activities. The sanitary condition of this area was improved due to repeated visit to this area. It was noticed that the people belonged to middle class could very well understand and react to the ideas and advices given to them about the different prevalent diseases and its prevention and to be health conscious in future. The registration fee Rs. One from each patient was collected as usual and total amount Rs. 44/- (Rupees Fourty Four Only) are credited in the Trust account.

This is for information and record.

**DR. H.V. POPHALE**

CHAIRMAN - THE FAMILY PLANNING & MEDICAL AID TRUST