

CAMP 19

A mini camp and a lecture on Dengue fever was organised by the "Export Credit Guarantee Corporation of India, Western Regional Office, 'Metropolitan', 7th Floor, Plot No. C-26/27, Bandra Kurla Complex, Bandra East, Mumbai - 400 051 on Wednesday the 20th November, 1996. Technically accomplished by "The Family Planning & Medical Aid Trust", Indian Mercantile Mansion, Madam Cama Road, Fort, Mumbai - 400 001, between 3.00 p.m. to 5.30 p.m.

The following staff members attended this camp activity:

1. Dr. H.V. Pophale : Physician and Cardiologist
2. Dr. B.R. Kherdikar : Medical Officer
3. Mr. D.P. Gawai : P.R.O.
4. Mrs. Swati Kadam : Lab. Technician
5. Miss. Seema Thube : Lab. Technician
6. Mrs. Susamma Thomas : Staff Nurse
7. Mr. Mahesh Kelkar : Office boy
8. Mrs. Archana Tawade : Ahya
9. Mr. Ranjana Tulwe : Ahya
10. Mr. Arun Borde : Driver
11. Mr. Yadav : Driver

INTRODUCTION :

This time "The Family Planning & Medical Aid Trust" organised the lecture on Dengue fever alongwith Immunisation and Blood Grouping for the employees of "Export Credit Guarantee Corporation of India's office bearers.

The camp was inaugurated by Mr. Ajwani Regional Manager E.C.G.C., he welcomed Dr. H.V. Pophale Chairman 'The Family Planning & medical Aid Trust'. DR. H.V. Pophale was honoured by offering Bouquet in presence of Mr. R. J. Shetty (Asstt. Manager), Mr. J.P. Arora (Senior Manager), Mr. Sabarka (Senior Manager), Mrs. Shyamal Bhopardikar

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(Visitor) and Dr. B.R. Kherdikar (R.M.O.) on the dias. Mr. Ajawani addressed the staff members the aim and benefit of arranging such camps and lectures by experienced and renowned Dr. H.V. Pophale.

Dr. H.V. Pophale talked about Dengue Fever, its etiology prevalence, mode of Transmission through female mosquito Aedes Egepti the incubation period, symptomatology, clinical features of illness mild, moderate and severe. He told that the mosquito remains infective through out its life and stressed on the need of prevention of mosquito breeding as well as protecting the patient from mosquito bite.

The disease is self-limiting for one week only but haemorrhagic and encephalopathy type of virus do not respond to the ordinary line of treatment and sometimes it could be fatal if not admitted in the Hospital for prevention, there is no known vaccine available up till now and as such only symptomatic treatment is required to be given to affected individuals. In cases of haemorrhagic type of patients tablet Aspirin is never to be given because it is harmful to the patient and bleeding will increase.

The Bombay Municipal Corporation authorities have made diagnostic facility available at Haffkine Institute for all. To prevent mosquito bite a mosquito net or window curtain to be used daily if not simple oil is applied to the exposed skin so that mosquitos do not sit on the oily skin. There are repelent candles are also available to repel mosquitos. All such measures are taken early into action then only the epidemic of "Dengue Fever" can be controlled in early stage. Such cases to be informed to Bombay Municipal Corporation to detect and diagnosis to avoid further spread of the disease in the city.

IMMUNISATION :

This counter was well managed by our senior staff nurse Mrs. Susamma Thomas. She immunised THIRTY FOUR persons against Tetanus Toxide and Typhoid with sterile disposable needles and at the same time immunisation cards were given to each candidate for their own record.

LABORATORY INVESTIGATION :

This department was well managed by our highly experienced Lab. Technician Mrs. Swati Kadam & Seema Thube. About FIFTY FOUR persons took advantage of this blood group examination counter. All of them were issued blood group identity cards in plastic covers, so that they can preserve it for their emergency blood group requirement.

OBSERVATION :

This programme was successfully carried on in all the employees present in the office of "Export Credit Guarantee Corporation of India" and were very cooperative and willing.

The staff was very much satisfied with this Health Educative Programme and other services.

At the end of the camp Biscuits and tea was served to our staff. All the staff came back after finishing the programme at 5.30 p.m. with job satisfaction.

This is for information and record.

DR. H.V. POPHALE

CHAIRMAN - THE FAMILY PLANNING & MEDICAL AID TRUST