

## CAMP 6

On Saturday the 22nd June, 96 a Mini Camp took place at "Maze Maher" 34th Bldg., 1st Floor, R.No. 2385, **Shrikant Harbad Marg.**, Opp. Police Station Kalba Chauky, Mumbai - 33, for Medical Check-up, E.N.T., Ophthalmic, Dental and Immunisation between 3.30 t o 6.30 p.m. Technically accomplished by "**The Family Planning & Medical Aid Trust**", Indian Mercantile Mansion, Madam Cama Road, Opp. Regal Cinema, Fort, Mumbai - 400 001.

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### The Following Staff Members participated in this Camp Activity:

1. Dr. B.R. Kherdikar : Medical Officer
2. Mr. D.P. Gawai : P.R.O.
3. Mrs. Alka Sawant : Staff Nurse
4. Mr. Manik Rao : Project Operator
5. Mr. Ravi Nalawade : Driver with Big Van

### INTRODUCTION :

The Camp was inaugurated by **Mrs. Geeta Aluwalia**, Suparintendent of Maze Maher. **Mr. D.P. Gawai**, P.R.O. of the Family Planning & Medical Aid Trust' given his small speech about the aim and Family Welfare Programme before the staff & girls students of Maze Maher. **Dr. B.R. Kherdikar**, Medical Officer given common instructions to the girls students that they must know how to prevent certain diseases like Gastroenteritis, Dysentery, Dental Care, Ophthalmic check-up and the importance of Immunisation. He also stated that every morning they should take good mouth wash with brushing of the teeth for better oral hygines. Regular exercise will keep the body and mind perfectly alright and thereby improve the health.

### IMMUNISATION :

This Counter was well managed by **Mrs. Alka Sawant** our

senior Staff Nurse. She immunised about 76 Girls Students for T.T., D.T. and Typhoid. All the students were given the Immunisation cards with plastic cover to keep with them for their record.

### FREE DISTRIBUTION OF THE MEDICINES :

Various common drugs for minor ailments were distributed free from our stock. Anaemic girls students were given Iron and Folic Acid, "B" complex tablets. The worm infection was very common during the rainy season, so the ample stock were given to them to use periodically.

### OBSERVATION :

About **Seventy Six** Girls Students were examined. It was noticed that most of students were suffering from acute Tonsillitis and poor oral hygines. They were instructed and given medicines for the same. They were also adviced to take the regular medicines from time to time. On the whole the camp was quite successful and all the staff members were returned back at 6.30 p.m. with complete job satisfaction. Daily supply of Bread for Breakfast is being well utilised.

This is for information and record.

**DR. H.V. POPHALE**

CHAIRMAN - THE FAMILY PLANNING & MEDICAL AID TRUST