

CAMP 9

On Tuesday the 13th August, 1996 a mini camp took place at "Daria Nagar Zopadpatti" Colaba, Mumbai - 400 005. Sponsored and Technically accomplished by "The Family Planning & Medical Aid Trust", Indian Mercantile Mansion, Madam Cama Road, Fort, Mumbai - 400 001, between 2.00 p.m. to 5.00 p.m.

The Following Staff members participated in this camp activity :

1. Dr. B.R. Kherdikar : Medical officer
2. Miss. Lata Gade : Staff Nurse
3. Mr. Dinesh Jangam : Wardboy
4. Mrs. Vidhya Gaikwad : Ahya
5. Mr. Ravi Nalawade : Driver

GROUP MEETING :

This group meeting was addressed by **Dr. B.R. Kherdikar** Medical Officer, the main importance was stressed upon the good hygienic and healthy surrounding which will definitely keep them away from all water born diseases like Dysentery, Diarrhoea, Gastroenteritis and worm infection in children as well as in Adults. **Dr. B.R. Kherdikar** advised the importance of keeping good health, if paid little attention towards regular exercise, nourishing diet and specially avoid drinking, smoking and chewing tobacco etc. The pregnant women were advised to take proper care by consumption of green vegetables, fruits and milk and to get themselves immunised by taking Tetanus Toxide.

IMMUNISATION :

Immunisation was carried out by our senior staff Nurse **Miss. Lata Gade** amongst **Twenty Seven** persons including men, women and children. They were immunised for Tetanus Toxide, Typhoid, Cholera, Triple and Polio and the

Immunisation card was also given to each persons mentioning the date, name of the vaccine and next due date to be followed.

FREE DISTRIBUTION OF MEDICINES :

Medicines like Iron and Folic acid tablets were distributed freely among the anaemic people. The other persons were given the prescription according to their complaints put forward during medical check-up on the spot.

FAMILY WELFARE COUNSELLING AND EXHIBITION :

This counter was arranged by **Mrs. Vidhya Gaikwad**, **Ninety** pieces of Condoms were distributed among men and **Eight** packets of Oral tablets were distributed among women for spacing the children in their family.

OBSERVATION :

About **Forty Four** persons including men, women and children took advantage of this camp activity. Each of them were specially advised to keep their surrounding clean and to protect themselves from infections diseases. The sanitary conditions in this area were very bad. The children were suffering from various infections diseases due to unhealthy surrounding.

This is for information and record.

DR. H.V. POPHALE

CHAIRMAN - THE FAMILY PLANNING & MEDICAL AID TRUST